



A Free Two Day Training **Cognitive Behavioral Therapy for Post-Disaster Distress Suicide Assessment and the SPRINT E**

In January 2015, the Massachusetts Office for Victim Assistance (MOVA) launched a new Marathon Bombing Behavioral Health Response Plan designed to compensate clinicians on a 'fee-for-service' basis *to serve survivors, families and first responders impacted by the 2013 Marathon Boston Bombingsⁱⁱ*. To help launch this new initiative, MOVA is sponsoring a free, two-day training for Behavioral Health Clinicians (including LMHC, LCSW, FMT, PhD, PsyD, MD) March 28 & 29, 2015. Participation in the training will help ensure clinician eligibility to participate in the Marathon Bombing Behavioral Health Response Plan. All clinicians willing to serve this victim population, who are scattered across the state, are invited to attend.

Requirements:

- Attendees must have 5 years of clinical experience, can include up to two years of internship.
- Attendees must be licensed to practice independently or work with an agency and/or practice that is authorized to practice.

Cognitive Behavioral Therapy for Post Disaster Distress

Dr. Jessica Hamblenⁱⁱⁱ, the Deputy Director for Education at the National Center for PTSD, along with her colleague, Juliette Mott, will lead an intensive two day training focused on addressing the behavioral health aftermath of human-caused violence using real life examples related to the Boston Marathon bombing. Dr. Hamblen is the principal author of a 12-session cognitive behavioral intervention for post-disaster distress that has been used following national and international disasters including the attack on World Trade Center and Hurricane Katrina.

Basic Suicide Assessment and Use of the "Sprint E" Diagnostic Tool

Dr. April Naturale^{iv}, the architect of MOVA's Marathon Bombing Behavioral Health Response Plan, will lead two short training modules: Administration of the SPRINT E (a disaster-specific diagnostic tool) and Basic Suicide Assessment.

- Dates/Time:** Saturday, March 28th & Sunday, March 29th; 9am-5pm each day**
- Location:** Massachusetts School of Professional Psychology, One Wells Avenue, Newton, MA 02459
- To register:** Please visit <https://movacbtmarch2015.eventbrite.com>
Registration is mandatory. Deadline for registration is March 5, 2015
- Cost:** Free (A cost benefit of \$750)

For additional information: Please contact Susan Vickers Susan.Vickers@state.ma.us

Registration is limited to 60 participants ■ Free parking is available ■ All facilities are handicap accessible Complimentary coffee, tea, and water will be provided. ■ Participants are invited to bring their own lunch and refreshments ■ For directions, go to:
www.mspp.edu/about/location/directions.

If you are a program director who has questions regarding the training or participating in the MOVA behavioral health program, please contact Susan Vickers at Susan.Vickers@state.ma.us

At the end of the training, participants will received a signed Certificate of Participation and will be asked to commit to submitting an application to MOVA to become a registered provider (Visit <http://goo.gl/Qk7A72> for the MSA FACT Sheet) and be commit to being open to taking at least one client via the program in the coming year.”

****Please Note****

Funding is provided by MOVA through an Antiterrorism Emergency Assistance Program grant from the Office of Justice Programs, Office of Victims of Crime. Training is currently contingent upon approval by the Office of Victims of Crime and all registered attendees will be notified in the case that MOVA does not obtain approval.

ⁱ The definition of Victim being used by MOVA is: “Victim” is being used to connote those persons who were physically injured or killed, their immediate family members, those persons who physically experienced the event or its immediate aftermath, including those in the immediate vicinity of the bombing, those surrounding the scene, those professionals and non-professionals who tended to the wounded, those who were involved in the subsequent apprehension of suspects or any other individual, whom by virtue of their unique experience or prior trauma history, would be triggered or impacted by this event.

ⁱⁱ Most people choose their therapy providers based on close proximity, often prioritizing this over the skill and experience of the therapist. Only 25 percent of this victim population reside in the City of Boston, and the remaining 75 percent reside in communities across Massachusetts and in 30 states and five countries. MOVA is interested in securing participation from clinicians from diverse geographic areas.

ⁱⁱⁱ Jessica Hamblen, PhD Acting Deputy Executive Director, National Center for PTSD, Executive Division, VT
Dr. Jessica L. Hamblen is currently serving as Acting Deputy Executive Director along with her role as the Deputy for Education at the National Center for PTSD. She is an Associate Professor of Psychiatry at the Geisel School of Medicine at Dartmouth. She attended the State University of New York at Buffalo where she obtained her PhD in clinical psychology. She completed her pre-doctoral internship and post-doctoral fellowship at Dartmouth and the National Center for PTSD. Dr. Hamblen's interests are in developing, disseminating, and evaluating cognitive behavioral treatments for PTSD and related conditions. She recently completed a study to evaluate a brief educational intervention to improve screening outcomes in Veterans screened for traumatic brain injury. Finally, she is currently conducting a randomized control trial of CBT for PTSD in Veterans with co-occurring PTSD and substance use disorders.

Juliette Mott, PhD is a clinical psychologist specializing in the treatment of posttraumatic stress disorder (PTSD) and other trauma-related disorders. In her current position with the National Center for PTSD (www.ptsd.va.gov), Dr. Mott helps to lead the development of innovative web-based products and tools to educate the public about the impact of trauma and the availability of effective treatments. She previously worked as a clinician within the Veterans Affairs healthcare system where she treated Iraq/Afghanistan combat veterans suffering from PTSD. Dr. Mott is trained in several evidence-based treatments for PTSD, including CBT for Postdisaster Distress, Cognitive Processing Therapy, and Prolonged Exposure. She serves as a clinical supervisor and consultant on several ongoing trials evaluating these protocols. Dr. Mott has also led and collaborated on research studies testing the effectiveness of PTSD treatment in a variety of populations, including interpersonal assault survivors, combat Veterans, adult survivors of childhood sexual abuse, and patients diagnosed with PTSD in primary care.

^{iv} Dr. April Naturale is a Senior Technical Specialist with ICF International and traumatic stress specialist with a 25-year history as a health/mental health care administrator and clinician. Dr. Naturale was the Statewide Director for Project Liberty, the



FEMA funded mental health response to the World Trade Center terrorist attack. She continues to provide disaster and terrorism preparedness and response consultation and training throughout the U.S. and internationally. In the UK, she worked with the MI5 Security Services before and after the 7/7 attacks; developed training for Portugal's Psychology Association after the Madrid train bombing and provided programmatic consultation to the Indian Military disaster response team in Mumbai post terrorist attack. She was the launching Director of Development for SAMHSA's National Suicide Prevention Lifeline and also directed the launch of Psychology Beyond Borders working with several countries affected by disaster, terrorism and armed conflict.